

16 February 2026

**Optima Health plc**

("Optima", the "Company", and, together with its subsidiaries, the "Group")

**Appointment of Joint Broker**

Optima Health (AIM: OPT), the UK's leading provider of technology enabled corporate health and wellbeing solutions, announces the appointment of Cavendish Capital Markets Limited ("Cavendish") as joint broker to the Company with immediate effect.

Cavendish will work alongside Panmure Liberum, the Group's existing nominated adviser and corporate broker.

**Enquiries**

**Optima Health**

Jonathan Thomas, CEO  
Heidi Giles, CFO

+44(0)3300085113

media@OptimaHealth.co.uk

**Panmure Liberum Limited**

*Nominated Adviser and Corporate Broker*  
Emma Earl / Will Goode/ Mark Rogers  
Rupert Dearden

+44 (0)20 3100 2000

**Cavendish Capital Markets**

*Joint Broker*  
Geoff Nash/Ben Jeynes/George Lawson  
Julian Morse/Michael Johnson/Nigel Birks

+ 44 (0)20 7220 0500

**ICR Healthcare**

*UK Financial PR Adviser*  
Mary-Jane Elliott / Angela Gray / Lindsey Neville

optimahhealth@icrinc.com

**About Optima Health**

Optima Health is the UK's leading provider of occupational health and wellbeing services, delivering clinically led, technology-driven solutions to organisations across the public and private sectors. With a team of more than 1,600 including 800 clinicians, Optima Health supports millions of employees and operates from a network of more than 50 clinics nationwide.

In addition to its core UK market, Optima Health also operates in Ireland under Optima Health Ireland, providing occupational health services to clients nationwide.

For more information visit [www.optimahhealth.co.uk](http://www.optimahhealth.co.uk)

This information is provided by RNS, the news service of the London Stock Exchange. RNS is approved by the Financial Conduct Authority to act as a Primary Information Provider in the United Kingdom. Terms and conditions relating to the use and distribution of this information may apply. For further information, please contact [ms@lseg.com](mailto:ms@lseg.com) or visit [www.ms.com](http://www.ms.com).

RNS may use your IP address to confirm compliance with the terms and conditions, to analyse how you engage with the information contained in this communication, and to share such analysis on an anonymised basis with others as part of our commercial services. For further information about how RNS and the London Stock Exchange use the personal data you provide us, please see our [Privacy Policy](#).

END

APPFLFVDFRIELIR