

10 June 2026

J Sainsbury plc
(the 'Company')

Notification of transactions by Persons Discharging Managerial Responsibilities ('PDMRs')

The Company confirms that on 9 June 2026, the following PDMR's were granted options to buy the Company's ordinary shares of 28⁴/₇ pence each ('Shares') at an option price of £2.45 per Share under the terms of the Company's Savings-Related Share Option Scheme (also known as Sharesave).

PDMR	Number of options granted	Savings term	Options exercisable between
Graham Biggart	2,020	3 years	1 August 2029 to 31 January 2030
Tracey Clements	3,714	3 years	1 August 2029 to 31 January 2030

The Notification of Dealing Form for each PDMR can be found below.

This notification is made in accordance with the requirements of the UK Market Abuse Regulation.

For further information, please contact:

Helen Porter
Assistant Company Secretary
01908 081272

Notification of dealing form

1	Details of the person discharging managerial responsibilities / person closely associated		
a)	Name	Graham Biggart	
2	Reason for the notification		
a)	Position/status	Managing Director Argos and Chief Strategy Officer	
b)	Initial notification /Amendment	Initial notification	
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name	J Sainsbury plc	
b)	LEI	213800VGZAAJIKJ9Y484	
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument, type of instrument	Ordinary shares of 28 ⁴ / ₇ pence each	
	Identification code	ISIN: GB00B019KW72	
b)	Nature of the transaction	Grant of options over shares under the J Sainsbury plc Savings-Related Share Option Scheme (also known as Sharesave)	
c)	Price(s) and volume(s)	Price(s)	Volume(s)
		£2.45	2,020
d)	Aggregated information	Aggregated price	Aggregated volume
		£2.45	2,020

e)	Date of the transaction	9 June 2026
f)	Place of the transaction	Outside a trading venue

1	Details of the person discharging managerial responsibilities / person closely associated		
a)	Name	Tracey Clements	
2	Reason for the notification		
a)	Position/status	Chief Retail, Logistics and Supply Chain Officer	
b)	Initial notification /Amendment	Initial notification	
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name	J Sainsbury plc	
b)	LEI	213800VGZAAJIKJ9Y484	
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument, type of instrument	Ordinary shares of 28 ⁴ / ₇ pence each	
	Identification code	ISIN: GB00B019KW72	
b)	Nature of the transaction	Grant of options over shares under the J Sainsbury plc Savings-Related Share Option Scheme (also known as Sharesave)	
c)	Price(s) and volume(s)	Price(s)	Volume(s)
		£2.45	3,714
d)	Aggregated information	Aggregated price	Aggregated volume
		£2.45	3,714
e)	Date of the transaction	9 June 2026	
f)	Place of the transaction	Outside a trading venue	

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