10 July 2026

J Sainsbury plc
(the 'Company')

Directors/PDMRs Shareholding

Grant of Share Award

On 8 July 2026, the below Director and Person Discharging Managerial Responsibility ('PDMR') was granted awards under the J Sainsbury plc 2024 Long Term Incentive Plan ('LTIP'). The awards were granted as nil-cost options over ordinary shares of $28^4/_7$ pence each in the Company ('Shares') as set out below:

Leaders Share Awards ('LSAs')

PDMR	Award Name	Number of Shares
Tracey Clements	LSA 2025	367,154
	LSA 2026	13,098

(1) The LSAs are subject to performance conditions measured over three financial years. The LSAs will normally vest after three years, subject to the achievement of the performance conditions.
(2) The maximum potential number of shares were awarded at the date of grant. The final number of shares will be adjusted against a performance outturn of between 0% and 100% at the end of the three-year performance period.
(3) Dividend equivalents may be delivered (either in cash or Shares) in respect of dividends accrued on any Shares which subsequently vest.
(4) The share price to determine the number of Shares awarded was based on the five dealing day average Share price prior to original award grant dates on 30 May 2025 and 29 May 2026 respectively.

The Notification of Dealing Forms can be found below.

This notification is made in accordance with the requirements of the UK Market Abuse Regulation.

For further information, please contact:

Enquiries

Investor Relations: James Collins +44 (0) 20 7695 0080

Media: Rebecca Reilly +44 (0) 20 7695 7295

LEI: 213800VGZAAJIKJ9Y484

Notification of dealing form

1	**Details of the person discharging managerial responsibilities / person closely associated**	
a)	Name	Tracey Clements
2	**Reason for the notification**	
a)	Position/status	Chief Retail, Logistics and Supply Chain Officer
b)	Initial notification /Amendment	Initial notification
3	**Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor**	
a)	Name	J Sainsbury plc
b)	LEI	213800VGZAAJIKJ9Y484
4	**Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted**	
	Transaction 1	

a)	Description of the financial instrument, type of instrument	Ordinary shares of 28$^{4}/_{7}$ pence each	
	Identification code	ISIN: GB00B019KW72	
b)	Nature of the transaction	Awards of nil-cost options granted under the J Sainsbury plc 2024 Long Term Incentive Plan	
c)	Price(s) and volume(s)	Price(s)	Volume(s)
		£nil	380,252
d)	Aggregated information	Aggregated price	Aggregated volume
		N/A	380,252
e)	Date of the transaction	8 July 2026	
f)	Place of the transaction	Outside a trading venue	

END

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