

17 July 2026

Helix Exploration PLC
("Helix" or the "Company")

Grant of Options

Helix Exploration (AIM: HEX, OTCQB: HEXFF) the US based helium producer, announces the grant of share options over 8,550,000 ordinary shares of 1 pence each ("Ordinary Shares") to Directors and a consultant, as set out below, in line with the Company's management incentive strategy and to recognise the milestones that the Company has achieved in the previous 18 months. The grants remain in line with the Company's share option plan implemented at IPO.

Schedule of Options

DIRECTOR/PDMR	ROLE	DATE OF GRANT	NO. OPTIONS	EXERCISE PRICE	VESTING	EXPIRY DATE
Bo Sears	Chief Executive Officer	17 July 2026	2,750,000	£0.22	Note 1	16 July 2031
Ryan Neates	Chief Financial Officer	17 July 2026	1,100,000	£0.22	Note 2	16 July 2031
Gregg Peters	Non-Executive Director	17 July 2026	750,000	£0.22	Note 1	16 July 2031
Keith Spickelmier	Non-Executive Chairman	17 July 2026	2,750,000	£0.22	Note 1	16 July 2031
CONSULTANTS						
Consultant	Business Development	17 July 2026	200,000	£0.22	Note 1	16 July 2031
Consultant	Business Development	17 July 2026	1,000,000	£0.22	Note 3	16 July 2031

Notes

Note 1: 50% of these options vest on the grant date and 50% vest on the first anniversary of grant.

Note 2: Vest on grant date.

Note 3: These options vest in line with the following share price hurdles:

- 333,333 - Share price trading above £0.35 for 20 consecutive days
- 333,333 - Share price trading above £0.45 for 20 consecutive days
- 333,334 - Share price trading above £0.55 for 20 consecutive days

This announcement contains inside information for the purposes of the UK Market Abuse Regulation, and the Directors of the Company are responsible for the release of this announcement.

Enquiries

Helix Exploration

Bo Sears
Keith Spickelmier

info@helixexploration.com

Cairn - Nominated Adviser

Liam Murray
Ludovico Lazzaretti
James Western

+44 (0)20 7213 0880

Hannam & Partners - Broker

Neil Passmore
Leif Powis

+44 (0)20 7907 8502

Vigo Consulting - IR / PR

Ben Simons
Patrick d'Ancona

44 (0)20 7390 0234
helix@vigoconsulting.com

Notes to Editors

Helix is a Montana-focused helium producer, listed on the London Stock Exchange. Its flagship Rudyard Project has rapidly evolved into Montana's first producing helium field.

Rudyard hosts three stacked helium-bearing reservoirs within a proven geological setting, with an initial four wells delivering commercial helium flow rates.

Production commenced in February 2026 through an on-site PSA processing facility, supported by established infrastructure and a helium sales agreement with a major industrial gases group.

The project benefits from shallow reservoir depths, low development costs, negligible hydrocarbons or CO₂, and significant expansion potential.

In July 2026, Helix completed the acquisition of the Keyes Helium Complex in Oklahoma which resulted in Helix becoming an independent helium producer that also controls liquefaction, enabling the Company to capture the full margin from wellhead to liquid delivery.

Follow us on social media:

LinkedIn: <https://www.linkedin.com/company/helixexploration>

X: <https://x.com/HelixExp>

Subscribe to our news alert service: <https://helixexploration.com/investors/regulatory-news-alerts/>

APPENDIX

1 Details of the person discharging managerial responsibilities/person closely associated		
a.	Name	Bo Sears
2 Reason for notification		
a.	Position/Status	Chief Executive Officer
b.	Initial notification/ Amendment	Initial
3 Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a.	Name	HELIEX EXPLORATION PLC
b.	LEI	213800WGIUCDVNLJ9G76
4 Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted		
a.	Description of	Ordinary Shares of 1p each

	the financial instrument, type of instrument Identification Code	ISIN: GB00BPK66X70					
b.	Nature of the transaction	Grant of Options					
c.	Price(s) and volume(s)	<table><tr><td>Price(s)</td><td>Volume(s)</td></tr><tr><td>22p</td><td>2,750,000</td></tr></table>		Price(s)	Volume(s)	22p	2,750,000
Price(s)	Volume(s)						
22p	2,750,000						
d.	Aggregated information - Aggregated Volume - Price	As above					
e.	Date of the transaction	17 July 2026					
f.	Place of the transaction	Off market					

1 Details of the person discharging managerial responsibilities/person closely associated						
a.	Name	Ryan Neates				
2 Reason for notification						
a.	Position/Status	Chief Financial Officer				
b.	Initial notification/ Amendment	Initial				
3 Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor						
a.	Name	HELIX EXPLORATION PLC				
b.	LEI	213800WGIUCDVNLJ9G76				
4 Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted						
a.	Description of the financial instrument, type of instrument Identification Code	Ordinary Shares of 1p each ISIN: GB00BPK66X70				
b.	Nature of the transaction	Grant of Options				
c.	Price(s) and volume(s)	<table border="1"> <tr> <td>Price(s)</td> <td>Volume(s)</td> </tr> <tr> <td>22p</td> <td>1,100,000</td> </tr> </table>	Price(s)	Volume(s)	22p	1,100,000
Price(s)	Volume(s)					
22p	1,100,000					
d.	Aggregated information - Aggregated Volume - Price	As above				
e.	Date of the transaction	17 July 2026				

f.	Place of the transaction	Off market
----	--------------------------	------------

1 Details of the person discharging managerial responsibilities/person closely associated						
a.	Name	Gregg Peters				
2 Reason for notification						
a.	Position/Status	Non-Executive Director				
b.	Initial notification/ Amendment	Initial				
3 Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor						
a.	Name	HELIX EXPLORATION PLC				
b.	LEI	213800WGIUCDVNLJ9G76				
4 Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted						
a.	Description of the financial instrument, type of instrument Identification Code	Ordinary Shares of 1p each ISIN: GB00BPK66X70				
b.	Nature of the transaction	Grant of Options				
c.	Price(s) and volume(s)	<table border="1"> <thead> <tr> <th>Price(s)</th> <th>Volume(s)</th> </tr> </thead> <tbody> <tr> <td>22p</td> <td>750,000</td> </tr> </tbody> </table>	Price(s)	Volume(s)	22p	750,000
Price(s)	Volume(s)					
22p	750,000					
d.	Aggregated information - Aggregated Volume - Price	As above				
e.	Date of the transaction	17 July 2026				
f.	Place of the transaction	Off market				

1 Details of the person discharging managerial responsibilities/person closely associated		
a.	Name	Keith Spickelmier
2 Reason for notification		
a.	Position/Status	Non-Executive Chairman
b.	Initial notification/ Amendment	Initial
3 Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		

	auctioneer or auction monitor					
a.	Name	HELIX EXPLORATION PLC				
b.	LEI	213800WGIUCDVNLJ9G76				
4 Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted						
a.	Description of the financial instrument, type of instrument Identification Code	Ordinary Shares of 1p each ISIN: GB00BPK66X70				
b.	Nature of the transaction	Grant of Options				
c.	Price(s) and volume(s)	<table><tr><td>Price(s)</td><td>Volume(s)</td></tr><tr><td>22p</td><td>2,750,000</td></tr></table>	Price(s)	Volume(s)	22p	2,750,000
Price(s)	Volume(s)					
22p	2,750,000					
d.	Aggregated information - Aggregated Volume - Price	As above				
e.	Date of the transaction	17 July 2026				
f.	Place of the transaction	Off market				

This information is provided by RNS, the news service of the London Stock Exchange. RNS is approved by the Financial Conduct Authority to act as a Primary Information Provider in the United Kingdom. Terms and conditions relating to the use and distribution of this information may apply. For further information, please contact rns@seg.com or visit www.ms.com.

RNS may use your IP address to confirm compliance with the terms and conditions, to analyse how you engage with the information contained in this communication, and to share such analysis on an anonymised basis with others as part of our commercial services. For further information about how RNS and the London Stock Exchange use the personal data you provide us, please see our [Privacy Policy](#).

END

DSHSFFFIMEMSEIW