SEC Form 4	1
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Check this box if no longer

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

subject to Section 16. Form 4 or	STATEMENT OF	CHANGES IN BENE	Es	Estimated average burden								
Form 5 obligations may	Filed pursuant to Section or Section 30(h)	on 16(a) of the Secur) of the Investment C				1		ho	urs per response	: 0.5		
1. Name and Address of Reporting Person* BANBURY GARY W		nd Ticker or Trading	-		eck all a	applicable)	Reporting Person(s) to Issuer le)					
(Last) (First) (Middle) ONE ALPHA PLACE P.O. BOX 16429	- 3. Date of Earliest Transaction (Month/Day/Year) 03/13/2015							rector ficer (give title low) EVP & Ch		Owner r (specify v)		
(Street) BRISTOL VA 24209	4. If Amendment,							 6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person 				
(City) (State) (Zip)								rm filed by More than One Reporting				
Table I - N	Ion-Derivative Securit	ties Acquired, Disp	osed of,	or Be	eneficially C)wned						
1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3.4. SecuritiTransaction(A) or DisplayCode (Instr.(Instr. 3, 4)8)			osed	Of (D)	Securities Beneficially Owned	y Ownership Form: Direct (D)	Beneficial Ownership		
			Code V		Amount	nt (A) or Pri (D)		Following Reported Transaction (Instr. 3 and				
Common Stock	03/13/2015		F		5,908 (1)	D	\$0.91	400,113	D			

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	Conversion	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		Secu Acqu (A) o Dispo of (D	vative nities nired r osed) r. 3, 4	(Month/Day/Year)		Expiration Date		Expiration Date (Month/Day/Year)		Amo Secu Unde Deriv Secu	unt of rities erlying vative	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nat of Indir Benefic Owner: (Instr. 4
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares							

Explanation of Responses:

1. Represents shares tendered by reporting person to the Issuer for payment of withholding taxes; this transaction is exempt pursuant to Rule 16b-3 under the Securities and Exchange Act of 1934.

/s/ Burke T. Vander Lind, attorney-in-	03/16/2015
fact	00/10/2010
** Signature of Reporting Person	Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.