

UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

DIVISION OF CORPORATION FINANCE

August 4, 2020

Nikolas P. Tsakos President and Chief Executive Officer Tsakos Energy Navigation Limited 367 Syngrou Avenue 175 64 P. Faliro Athens, Greece

> Re: Tsakos Energy Navigation Limited Registration Statement on Form F-3 Filed July 31, 2020 File No. 333-240253

Dear Mr. Tsakos:

This is to advise you that we have not reviewed and will not review your registration statement.

Please refer to Rules 460 and 461 regarding requests for acceleration. We remind you that the company and its management are responsible for the accuracy and adequacy of their disclosures, notwithstanding any review, comments, action or absence of action by the staff.

Please contact Karina Dorin, Attorney Advisor, at (202) 551-3763 with any questions.

Sincerely,

Division of Corporation Finance Office of Energy & Transportation

cc: Finnbarr Murphyy