

UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

May 11, 2023

Garrett Schreiber Chief Financial Officer FAST Acquisition Corp. II 109 Old Branchville Road Ridgefield, Connecticut 06877

Re: FAST Acquisition Corp. II
Form 10-K for the Fiscal Year Ended December 31, 2022
Filed March 29, 2023
File No. 1-40214

Dear Garrett Schreiber:

We have completed our review of your filing. We remind you that the company and its management are responsible for the accuracy and adequacy of their disclosures, notwithstanding any review, comments, action or absence of action by the staff.

Sincerely,

Division of Corporation Finance Office of Trade & Services