

UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

November 20, 2024

Claudia Goldfarb Chief Executive Officer Sow Good Inc. 1440 N Union Bower Rd Irving, TX 75061

Re: Sow Good Inc.

Registration Statement on Form S-3

Filed November 14, 2024

File No. 333-283240

Dear Claudia Goldfarb:

This is to advise you that we have not reviewed and will not review your registration statement.

Please refer to Rules 460 and 461 regarding requests for acceleration. We remind you that the company and its management are responsible for the accuracy and adequacy of their disclosures, notwithstanding any review, comments, action or absence of action by the staff.

Please contact Eranga Dias at 202-551-8107 with any questions.

Sincerely,

Division of Corporation Finance Office of Manufacturing