

UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

DIVISION OF CORPORATION FINANCE

January 13, 2025

Jonathan Mackenzie Chief Accounting Officer Medifast, Inc. 100 International Drive Baltimore, MD 21202

Re: Medifast, Inc. Form 10-K for the Fiscal Year Ended December 31, 2023 File No. 001-31573

Dear Jonathan Mackenzie:

We have completed our review of your filing. We remind you that the company and its management are responsible for the accuracy and adequacy of their disclosures, notwithstanding any review, comments, action or absence of action by the staff.

Sincerely,

Division of Corporation Finance Office of Manufacturing