



PERFECT MEDICAL

PERFECT MEDICAL HEALTH MANAGEMENT LIMITED

完美醫療健康管理有限公司

(Incorporated in the Cayman Islands with limited liability)

(於開曼群島註冊成立之有限公司)

(Stock Code: 1830)

(股份代號：1830)

16 July 2026

Dear Non-Registered Holder(s)¹,

Notification of Publication of Corporate Communication on the Company's Website

We hereby notify you that the following corporate communication (the “**Current Corporate Communication**”) of Perfect Medical Health Management Limited (the “**Company**”), in both English and Chinese versions, are now available on the Company's website at www.perfectmedical.com and the website of Hong Kong Exchanges and Clearing Limited (the “**HKEXnews website**”) at www.hkexnews.hk:

- Annual Report 2025/2026
- Circular dated 16 July 2026
- Notice of Annual General Meeting

You may now access the Current Corporate Communication under “Investor Relations” section of the Company's website or the HKEXnews website.

In support of electronic communication by email, Non-Registered Holders are recommended to provide their valid and functional email addresses to their bank(s), broker(s), custodian(s) or nominee(s) through which your shares are held (collectively, the “**Intermediaries**”). If the Company does not receive your valid and functional email address or postal address from your Intermediaries via HKSCC Nominees Limited, no notice of publication of a Corporate Communication will be sent to you.

If you wish to receive a printed copy of the Current Corporate Communication, please complete the enclosed Request Form for Non-Registered Holder(s) (with a pre-paid postage mailing label at the bottom of the Request Form for Non-Registered Holder(s)) and return it to the Company c/o the Company's branch share registrar in Hong Kong (the “**Hong Kong Branch Share Registrar**”), Tricor Investor Services Limited, 17/F, Far East Finance Centre, 16 Harcourt Road, Hong Kong or by email to is-ecom@vistra.com. The printed copy of the Current Corporate Communication will be sent to you free of charge upon receipt of your request.

Should you have any queries relating to this notification, please call the enquiry hotline of the Hong Kong Branch Share Registrar at (852) 2980 1333 during business hours from 9:00 a.m. to 6:00 p.m. (Hong Kong time), Monday to Friday, excluding Hong Kong public holidays.

Perfect Medical Health Management Limited
So Hin Lung
Executive Director and Company Secretary

Encl.

Notes:

1. Non-Registered Holder refers to a person or company whose shares in the Company are held in the Central Clearing and Settlement System (CCASS).
2. Corporate Communication refers to any document issued or to be issued by the Company for information or action of holders of securities of the Company, including but not limited to: (a) directors' report, annual account together with a copy of the independent auditor's report and, where applicable, summary financial report; (b) interim report and, where applicable, summary interim report; (c) a notice of meeting; (d) a listing document; (e) a circular; and (f) a proxy form.

各位非註冊持有人¹：

於本公司網站刊登公司通訊之通知

謹此通知 閣下，完美醫療健康管理有限公司（「**本公司**」）之下述公司通訊（「**本次公司通訊**」）之英文及中文版本，現已於本公司網站www.perfectmedical.com及香港交易及結算所有限公司網站（「**披露易網站**」）www.hkexnews.hk登載：

- 2025/2026年年報
- 日期為二零二六年七月十六日之通函
- 股東週年大會通告

請於本公司網站「投資者關係」一欄或披露易網站讀取本次公司通訊。

為了支援通過電郵進行電子通訊，建議非登記股東向代其持有股份的銀行、經紀、託管商或代理人（統稱「**中介公司**」）提供其有效且可用的電郵地址。如本公司沒有收到 閣下的中介公司透過香港中央結算（代理人）有限公司提供 閣下有效且可用的電郵地址或郵寄地址，本公司將無法向 閣下發送登載通知。

倘 閣下擬收取本次公司通訊之印刷本，請填妥隨附之非註冊持有人申請表格（非註冊持有人申請表格下方附有郵資已付郵寄標籤）及寄回本公司的香港股份過戶登記分處卓佳證券登記有限公司（「**香港股份過戶登記分處**」），地址為香港夏慤道16號遠東金融中心17樓或以電郵發送至is-ecom@vistra.com。在收到 閣下之要求後，將免費寄發本次公司通訊的印刷本予 閣下。

倘 閣下對本通知有任何疑問，請致電香港股份過戶登記分處諮詢熱線(852) 2980 1333查詢，辦公時間為星期一至星期五（香港公眾假期除外）上午九時正至下午六時正（香港時間）。

完美醫療健康管理有限公司
執行董事及公司秘書
蘇顯龍

二零二六年七月十六日

附件

附註：

1. 非註冊持有人指將所持有之本公司股份存放於中央結算及交收系統（中央結算系統）的人士或公司。
2. 公司通訊指本公司已刊發或將予刊發以供本公司證券持有人參照或採取行動之任何文件，包括但不限於：(a)董事會報告、年度賬目連同獨立核數師報告及（如適用）財務摘要報告；(b)中期報告及（如適用）中期摘要報告；(c)會議通告；(d)上市文件；(e)通函；及(f)代表委任表格。

Request Form for Non-Registered Holder(s) 非註冊持有人申請表格

To: Perfect Medical Health Management Limited (the “Company”) (Stock Code: 1830) c/o Tricor Investor Services Limited 17/F, Far East Finance Centre, 16 Harcourt Road, Hong Kong 致： 完美醫療健康管理有限公司(「本公司」) (股份代號：1830) 經卓佳證券登記有限公司 香港夏慤道16號 遠東金融中心17樓

REMINDER 提示 As a Non-Registered Holder², if you wish to receive Corporate Communications[^] pursuant to the Rules Governing the Listing of Securities of The Stock Exchange of Hong Kong Limited, you should liaise with your bank(s), broker(s), custodian(s) or nominee(s) through which your shares are held (collectively, the “Intermediaries”) and provide your address or email address to your Intermediaries. 作為非註冊持有人²，閣下如欲根據香港聯合交易所有限公司證券上市規則收取公司通訊[^]，閣下應與持有閣下股份的銀行、經紀、託管商或代名人(統稱「中介機構」)聯絡，並向中介機構提供閣下的地址或電郵地址。

Part A: I/We would like to receive the printed Current Corporate Communications dated 16 July 2026 甲部 — 本人/吾等欲收取日期為二零二六年七月十六日的是次公司通訊的印刷本

(Please mark “✓” in the following box) (請在下列空格內劃上「✓」號) [] to receive both the printed English and Chinese versions of the Current Corporate Communications 欲收取是次公司通訊的中文及英文印刷本

Part B: I/We would like to receive the future Corporate Communications of the Company in the manner as indicated below: 乙部 — 本人/吾等欲以下列方式收取本公司之日後公司通訊：

(Please mark “✓” in ONLY ONE of the following boxes) (請僅在下列其中一個空格內劃上「✓」號) [] to read the Website Version ONLY in place of receiving printed copies and receive a written notification letter by post for the publication of Corporate Communications on the website of the Company; or 僅參閱網頁版本以取代收取印刷本，並以郵寄方式收取於貴公司網站刊發公司通訊的書面通知；或 [] to receive the printed English version of future Corporate Communications ONLY; or 僅收取日後公司通訊之英文印刷本；或 [] to receive the printed Chinese version of future Corporate Communications ONLY; or 僅收取日後公司通訊之中文印刷本；或 [] to receive both the printed English and Chinese versions of future Corporate Communications. 同時收取日後公司通訊之中文及英文印刷本。

Name of Non-Registered Holder(s): 非註冊持有人姓名： Contact telephone number: 聯絡電話號碼：

Address: 地址：

Signature: 簽名： Date: 日期：

Notes: 附註： 1. Please complete all the items. If no box, or more than one box, is marked “✓”, or any signature or other information is incorrectly completed, the Company reserves its right to treat this Request Form for Non-Registered Holder(s) as void. 請閣下填妥所有資料。倘未有在任一個空格或在超過一個空格劃上「✓」號，或任何簽名或其他資料填寫錯誤，本公司保留權利將本非註冊持有人申請表格視為無效。 2. Non-Registered Holder refers to a person or company whose shares in the Company are held in the Central Clearing and Settlement System (CCASS). 非註冊持有人指將所持有之本公司股份存放於中央結算及交收系統(中央結算系統)的人士或公司。 3. The above instruction in Part B will apply to all future Corporate Communications to be sent to you until you, by serving reasonable prior notice in writing to the Company c/o the Hong Kong Branch Share Registrar, Tricor Investor Service Limited, either by post at 17/F, Far East Finance Centre, 16 Harcourt Road, Hong Kong or by email to is-ecom@vistra.com. 上述乙部之指示適用於所有日後發達予閣下之公司通訊，直至閣下以郵遞方式送達至本公司香港股份過戶登記處，卓佳證券登記有限公司代收(地址為香港夏慤道16號遠東金融中心17樓)，或以電郵至is-ecom@vistra.com向本公司發出合理預先書面通知，更改所有日後公司通訊之收取方式及/或語言版本之選擇。 4. You are entitled to change your choice of means of receipt and/or language(s) of all future Corporate Communications at any time by serving reasonable prior notice in writing to the Company either by post (to the address as stated in note 3 above) or by email to is-ecom@vistra.com. 閣下有權隨時向本公司以郵遞方式送達至地址(如上文附註3所述)，或以電郵至is-ecom@vistra.com向本公司發出合理預先書面通知，更改所有日後公司通訊之收取方式及/或語言版本之選擇。 5. For the avoidance of doubt, we do not accept any other special instructions written on this Request Form for Non-Registered Holder(s). 為免存疑，本公司概不接受於本非註冊持有人申請表格上書寫之任何其他特別指示。 6. Should you have any queries in relation to this Request Form for Non-Registered Holder(s), please call the enquiry hotline of the Hong Kong Branch Share Registrar at (852) 2980 1333 during business hours from 9:00 a.m. to 6:00 p.m. (Hong Kong time), Monday to Friday, excluding Hong Kong public holidays. 倘閣下對本非註冊持有人申請表格有任何疑問，請致電香港股份過戶登記處諮詢熱線(852) 2980 1333查詢，辦公時間為星期一至星期五(香港公眾假期除外)上午九時正至下午六時正(香港時間)。 ^ Corporate Communication includes but not limited to (a) directors' report, annual account together with a copy of the independent auditor's report and, where applicable, summary financial report; (b) interim report and, where applicable, summary interim report; (c) a notice of meeting; (d) a listing document; (e) a circular; and (f) a proxy form. 公司通訊包括但不限於：(a)董事會報告、年度賬目連同獨立核數師報告及(如適用)財務摘要報告；(b)中期報告及(如適用)中期摘要報告；(c)會議通告；(d)上市文件；(e)通函；及(f)代表委任表格。

PERSONAL INFORMATION COLLECTION STATEMENT 個人資料收集聲明 (i) “Personal Data” in this statement has the same meaning as “personal data” in the Personal Data (Privacy) Ordinance, Chapter 486 of the Laws of Hong Kong (the “PDPO”). 本聲明所指之「個人資料」具有香港法例第486章《個人資料(私隱)條例》(「私隱條例」)賦予「個人資料」之相同涵義。 (ii) Your supply of Personal Data to the Company is on a voluntary basis. If you fail to provide sufficient information, the Company may not be able to process your appointment of proxy and other instructions. 閣下乃基於自願性質向本公司提供個人資料。倘閣下並無提供足夠資料，本公司可能無法處理閣下之受代表委任及其他指示。 (iii) Your Personal Data may be disclosed or transferred by the Company to its subsidiaries, its share registrar and its branch share registrar in Hong Kong, and/or other companies or bodies for any of the stated purposes, and retained for such period as may be necessary for our verification and record purposes. 本公司可就任何指定用途將閣下之個人資料披露或轉移予其附屬公司、其股份過戶登記處及其香港股份過戶登記處及/或其他公司或團體，並將在必要期間內保留作核實及記錄用途。 (iv) You have the right to request access to and/or correction of your Personal Data in accordance with the provisions of the PDPO. Any such request for access to and/or correction of your Personal Data should be in writing to the Personal Data Privacy Officer of Tricor Investor Services Limited (the address stated above). 閣下有權根據私隱條例之規定要求查閱及/或更正閣下之個人資料之要求均須透過書面方式向卓佳證券登記有限公司個人資料私隱主任提出(地址如上文所述)。

(Please cut along the dotted line 請沿虛線剪下)

Please cut the mailing label and stick this on an envelope to return the Request Form to us. No postage stamp is required for local mailing in Hong Kong.

當閣下寄回此表格時，請將此郵寄標籤剪貼於信封上。如在本港投寄，閣下無需支付郵費或貼上郵票。

Mailing Label 郵寄標籤

Tricor Investor Services Limited 卓佳證券登記有限公司 Freepost No. 簡便回郵號碼：10 GPO Hong Kong 香港