



PERFECT MEDICAL

PERFECT MEDICAL HEALTH MANAGEMENT LIMITED

完美醫療健康管理有限公司

(Incorporated in the Cayman Islands with limited liability)

(於開曼群島註冊成立之有限公司)

(Stock Code: 1830)

(股份代號：1830)

16 July 2026

Dear New Registered Shareholder(s),

Election of Means of Receipt and Language of Corporate Communications

In support of the environmental protection, to increase efficiency in communication with you and to save printing and mailing costs, Perfect Medical Health Management Limited (the “Company”) encourages and recommends you to select reading all future corporate communications of the Company (the “Corporate Communications”) published on the Company’s website at www.perfectmedical.com (the “Website Version”) instead of receiving printed copies. The Corporate Communications which means any document(s) issued or to be issued by the Company for your information or action, including but not limited to (a) directors’ reports, annual accounts together with a copy of the independent auditor’s reports and, where applicable, summary financial reports; (b) interim reports and, where applicable, summary interim reports; (c) notices of meetings; (d) listing documents; (e) circulars; and (f) proxy forms.

Pursuant to Rules 2.07A and 2.07B of the Rules Governing the Listing of Securities on The Stock Exchange of Hong Kong Limited and in compliance with the bye-laws of the Company, please fill in the enclosed reply form (the “Reply Form”) and sign and return it by mail or by hand to the Company’s branch share registrar in Hong Kong (the “Hong Kong Branch Share Registrar”), Tricor Investor Services Limited, 17/F, Far East Finance Centre, 16 Harcourt Road, Hong Kong or by email to is-ecom@vistra.com.

If the Company does not receive the duly completed and signed Reply Form or a response indicating the objection from you by 15 August 2026, you will be deemed, until you serve reasonable notice in writing to the Hong Kong Branch Share Registrar (at the address above) or by e-mail to is-ecom@vistra.com, to have consented to read the Website Version of all future Corporate Communications, and a notification letter for the publication of Corporate Communications on the website of the Company will be sent to you in the future.

You are entitled to change the election of means of receipt and language(s) of all future Corporate Communications at any time by serving reasonable notice in writing to the Company c/o the Hong Kong Branch Share Registrar by mail (at the address above) or by email to is-ecom@vistra.com. Even if you have elected (or are deemed to have consented) to receive the Website Version of all future Corporate Communications, if for any reason you have difficulty in accessing the Corporate Communications published on the website of the Company, the Company or the Hong Kong Branch Share Registrar will, upon receipt of a written request by mail (at the address above) or by email at is-ecom@vistra.com, promptly send you the Corporate Communications in printed form free of charge.

Please note that: (a) printed copies of all future Corporate Communications will be available from the Company or its Hong Kong Branch Share Registrar upon request; and (b) the Website Version of both the English and Chinese versions of all future Corporate Communications will also be available on the website of the Company at www.perfectmedical.com and the website of the Hong Kong Exchanges and Clearing Limited at www.hkexnews.hk.

Should you have any queries in relation to this letter, please call the enquiry hotline of the Hong Kong Branch Share Registrar at (852) 2980 1333 during business hours from 9:00 a.m. to 6:00 p.m., Monday to Friday, excluding Hong Kong public holidays.

By Order of the Board
Perfect Medical Health Management Limited
So Hin Lung
Executive Director and Company Secretary

各位新註冊股東：

選擇公司通訊之收取方式及語言版本

為響應環保、提升與閣下的溝通效率及節省印刷及郵遞費用，完美醫療健康管理有限公司（「本公司」）鼓勵及建議閣下選擇於本公司網站 www.perfectmedical.com 閱覽本公司所有日後公司通訊（「公司通訊」）（「網上版本」）以代替收取印刷本。公司通訊即本公司已刊發或將予刊發以供閣下參照或採取行動之任何文件，包括但不限於：(a)董事會報告、年度賬目連同獨立核數師報告副本及（如適用）財務摘要報告；(b)中期報告及（如適用）中期摘要報告；(c)會議通告；(d)上市文件；(e)通函；及(f)代表委任表格。

根據香港聯合交易所有限公司證券上市規則第2.07A及2.07B條以及遵守本公司的公司細則，請閣下填寫及簽署隨函附奉的回條（「回條」），並將其寄回或親身交回本公司之香港股份過戶登記分處卓佳證券登記有限公司（「香港股份過戶登記分處」），地址為香港夏慤道16號遠東金融中心17樓或以電郵發送至 is-ecom@vistra.com。

倘本公司於二零二六年八月十五日前尚未收到閣下已適當填妥並簽署的回條或表示反對的覆覆，及直至閣下發出合理時間的書面通知予香港股份過戶登記分處（如上述地址）或以電郵方式發送至 is-ecom@vistra.com 前，閣下將被視為已同意收取所有日後公司通訊之網上版本，而在本公司網站刊載公司通訊的通知信函將於日後發送予閣下。

閣下可隨時以郵寄方式向本公司（由香港股份過戶登記分處（如上述地址）代收）給予合理時間的書面通知，或電郵至 is-ecom@vistra.com，以更改所有日後公司通訊之收取方式及語言版本之選擇。即使閣下已選擇（或被視為已同意）收取所有日後公司通訊之網上版本，如因任何理由於瀏覽本公司網站登載的公司通訊時出現困難，本公司或香港股份過戶登記分處於收到閣下郵寄（如上述地址）或電郵至 is-ecom@vistra.com 之書面要求後，將立即免費發送公司通訊的印刷本予閣下。

請注意：(a) 閣下可向本公司或香港股份過戶登記分處提出索取所有日後公司通訊之印刷本；及(b) 所有日後公司通訊之英文及中文網上版本亦會在本公司網站 www.perfectmedical.com 及香港交易及結算所有限公司網站 www.hkexnews.hk 登載。

倘閣下對本函有任何疑問，請致電香港股份過戶登記分處諮詢熱線(852) 2980 1333查詢，辦公時間為星期一至星期五（香港公眾假期除外）上午九時正至下午六時正。

承董事會命
完美醫療健康管理有限公司
執行董事及公司秘書
蘇顯龍

二零二六年七月十六日

Reply Form 回條

To: Perfect Medical Health Management Limited (the “Company”)
(Stock Code: 1830)
c/o Tricor Investor Services Limited
17/F, Far East Finance Centre,
16 Harcourt Road, Hong Kong

致： 完美醫療健康管理有限公司(「本公司」)
(股份代號：1830)
經卓佳證券登記有限公司
香港夏慤道16號
遠東金融中心17樓

I/We would like to receive the Corporate Communications^ in the manner as indicated below:
本人／吾等希望以下列方式收取公司通訊^：

(Please mark “✓” in **ONLY ONE** of the following boxes)
(請僅在下列其中一個空格內劃上「✓」號。)

- | | |
|--------------------------|--|
| ☐ | in printed form in the English language only ; OR
僅收取英文印刷本；或 |
| ☐ | in printed form in the Chinese language only ; OR
僅收取中文印刷本；或 |
| ☐ | in printed form both in the English language and in the Chinese language ; OR
同時收取英文及中文印刷本；或 |
| ☐ | in electronic form on the Company's website and by receiving a notification letter when each corporate communication is made available on the Company's website; OR
收取於本公司網站登載的電子本，並於每次本公司網站登載公司通訊時收取 通知信函 ；或 |
| ☐ | in electronic form on the Company's website and by receiving notification by email to the address below when each corporate communication is made available on the Company's website.
收取於本公司網站登載的電子本，並於每次本公司網站登載公司通訊時收取發送至以下電郵地址的 電郵通知 。 |

Email Address
電郵地址

(Please provide the email address in English Capital Letters and the email address provided is used for the purpose of receiving (i) all email notifications of the availability of the Corporate Communications on the website of the Company, and (ii) all future Actionable Corporate Communications^ in electronic form from the Company. If no email address is provided or the email address provided by you is not functional, (i) a printed notification letter of the availability of the Corporate Communications on the website of the Company and (ii) all future Actionable Corporate Communications will be sent to you by post at your address as appearing in the Company's register of members.)
(請以英文正楷填寫電郵地址，有關電郵地址將僅用作收取(i)已登載公司通訊於本公司網站的電郵通知，以及(ii)本公司日後以電子形式發佈的所有可供採取行動的公司通訊^。如未有提供電郵地址或閣下提供之電郵地址並非有效且可用，我們將透過郵寄方式按閣下於本公司的股東名冊上所示之地址向閣下寄發(i)已登載公司通訊於本公司網站的通知信函印刷本，以及(ii)所有日後可供採取行動的公司通訊印刷本。)

Name of Registered Shareholder:
註冊股東姓名：

Contact telephone number:
聯絡電話號碼：

Address:
地址：

Signature:
簽名：

Date:
日期：

Notes: 附註：

- Please complete all the items. If no box, or more than one box, is marked “✓”, or any signature or other information is incorrectly completed, the Company reserves its right to treat this Reply Form as void.
請閣下填妥所有資料。倘未有在任一個空格或在超過一個空格劃上「✓」號，或任何簽名及其他內容填寫錯誤，本公司保留權利將本回條視為無效。
- If your shares are held in joint names, the shareholder whose name stands first on the register of members of the Company in respect of the joint holding should sign on this Reply Form in order to be valid.
如屬聯名股東，則本回條須由就有關聯名持股於本公司股東名冊上排名首位之股東簽署，方為有效。
- By electing to access the Website Version of the Corporate Communications published on the website of the Company instead of receiving printed copies, you have expressly consented to waive the right to receive the Corporate Communications in printed form.
選擇瀏覽在本公司網站登載之公司通訊網上版本以代替收取印刷本後，閣下已明示同意放棄收取公司通訊印刷本的權利。
- If your shares are held in joint names, the shareholder whose name stands first on the register of members of the Company in respect of the joint holding should sign on this Reply Form in order to be valid.
如屬聯名股東，則本回條須由就有關聯名持股於本公司股東名冊上排名首位之股東簽署，方為有效。
- The above instruction will apply to all future Corporate Communications to be sent to you until you, by serving reasonable prior written notice, inform the Hong Kong Branch Share Registrar, Tricor Investor Services Limited, at 17/F, Far East Finance Centre, 16 Harcourt Road, Hong Kong by mail or by email to is-ecom@vistra.com.
上述指示適用於所有日後發送予閣下之公司通訊，直至閣下以郵寄方式向香港股份過戶登記分處卓佳證券登記有限公司(地址為香港夏慤道16號遠東金融中心17樓，發出合理時間的預先書面通知，或電郵至is-ecom@vistra.com。
- You have the right at any time by serving reasonable prior written notice to the Hong Kong Branch Share Registrar by mail (the address stated in note 5 above) or by email to is-ecom@vistra.com to change the election of means of receipt and/or language(s) of future Corporate Communications.
閣下可於任何時間以郵寄方式向香港股份過戶登記分處(地址如上文附註5所述)發出合理時間的預先書面通知，或電郵至is-ecom@vistra.com以更改日後公司通訊之收取方式及／或語言版本之選擇。
- For the avoidance of doubt, we do not accept any other special instructions written on this Reply Form.
為免存疑，本公司概不接受於本回條上書寫之任何其他特別指示。
- Should you have any queries in relation to this Reply Form, please call the enquiry hotline of the Hong Kong Branch Share Registrar at (852) 2980 1333 during business hours from 9:00 a.m. to 6:00 p.m. Monday to Friday, excluding Hong Kong public holidays.
倘閣下對本回條有任何疑問，請致電香港股份過戶登記分處查詢熱線(852) 2980 1333查詢，辦公時間為星期一至星期五(香港公眾假期除外)上午九時正至下午六時正。
- Corporate Communications include but not limited to: (a) the directors' reports, annual accounts together with a copy of the independent auditor's reports and, where applicable, summary financial reports; (b) interim reports and, where applicable, summary interim reports; (c) notices of meetings; (d) listing documents; (e) circulars; and (f) proxy forms.
公司通訊包括但不限於：(a)董事會報告、年度賬目連同獨立核數師報告副本及(如適用)財務摘要報告；(b)中期報告及(如適用)中期摘要報告；(c)會議通知；(d)上市文件；(e)通函；及(f)代表委任表格。
- Actionable Corporate Communications means any corporate communication from the Company that seeks instructions from its shareholders on how they wish to exercise their rights or make an election as the shareholders of the Company, but not limited to, election forms in connection with a dividend payment, excess application forms in connection with a rights issue or open offer, applications forms for assured entitlement under an open offer, acceptance forms in connection with takeovers, mergers and share buy-backs, and provisional allotment letters in connection with a rights issue.
可供採取行動的公司通訊是指本公司尋求股東指示後就作為本公司股東如何行使其權利或選擇而發出之任何公司通訊，包括但不限於與股息支付有關之選擇表格、與供股或公開發售有關之額外申請表格、公開發售下之既定配額申請表格、與收購、合併及股份回購有關之接納表格，以及與供股有關之暫定配額通知書。

PERSONAL INFORMATION COLLECTION STATEMENT 個人資料收集聲明

- "Personal Data" in this statement has the same meaning as "personal data" in the Personal Data (Privacy) Ordinance, Chapter 486 of the Laws of Hong Kong (the "PDPO").
本聲明所指之「個人資料」具有香港法例第486章《個人資料(私隱)條例》(「**私隱條例**」)賦予「個人資料」之相同涵義。
- Your supply of Personal Data to the Company is on a voluntary basis. If you fail to provide sufficient information, the Company may not be able to process your appointment of proxy and other instructions.
閣下乃基於自願性質向本公司提供個人資料。倘閣下並無提供足夠資料，本公司可能無法處理閣下委任受委代表及其他指示。
- Your Personal Data may be disclosed or transferred by the Company to its subsidiaries, its share registrar and branch share registrar in Hong Kong, and/or other companies or bodies for any of the stated purposes, and retained for such period as may be necessary for our verification and record purposes.
本公司可就任何指定用途將閣下之個人資料披露或轉移予其附屬公司、其香港股份過戶登記分處及／或其他公司或團體，並將在必要期間內保留該等個人資料作核實及記錄用途。
- You have the right to request access to and/or correction of your Personal Data in accordance with the provisions of the PDPO. Any such request for access to and/or correction of your Personal Data should be in writing to the Personal Data Privacy Officer of Tricor Investor Services Limited (the address stated in note 5 above).
閣下有權根據私隱條例之規定查閱及／或更正閣下之個人資料。任何查閱及／或更正閣下個人資料之要求均須透過書面方式向卓佳證券登記有限公司個人資料私隱主任提出(地址如上文附註5所述)。

(Please cut along the dotted line 請沿虛線剪下)

Mailing Label 郵寄標籤

Please cut the mailing label and stick this on an envelope to return the Reply Form to us.

No postage stamp is required for local mailing in Hong Kong.

當閣下寄回此回條時，請將此郵寄標籤剪貼於信封上。
如在本港投寄，閣下無需支付郵費或貼上郵票。

Tricor Investor Services Limited
卓佳證券登記有限公司
Freepost No. 簡便回郵號碼：10 GPO
Hong Kong 香港